



Notice for Pre-Operation

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- I. The night before surgery, please use shower gel or bath soap to cleanse, including shampooing, shaving, nail-cutting, to prevent wound infection and self-damaging after anesthesia. Do not wear make-up or Acrylic Nails or nail polish on operation day for observation of end-circulation.
- II. Be sure to remove all jewelry, accessories, even aids from the body, such as: artificial eye-balls, prostheses, contact-lenses, rings of the finger, ear, tongue or umbilicus, necklace, glasses, to prevent electrical conduction during surgery.
- III. Please remove movable dentures to avoid suffocation from aspiration under anesthesia.
- IV. Do not remove the operation mark made by doctors for better operation site confirmation.
- V. Please begin pre-operation fasting according to orders, which is normally at midnight (12:00) the night before the operation. Do not intake any food, medication, or water orally to prevent post-anesthesia vomiting, aspiration, or pneumonia.
- VI. Moderate amounts of intravenous fluid will be given depending on the clinical condition.
- VII. Please do deep-breathing and cough-training taught by medical staff after surgery to prevent lung complications.
- VIII. Using assisted toilet on the bed may be possible after surgery. The nursing staff will give instructions if necessary.
- IX. Please wear on ward-clothes on operation day and be sure to take off all personal wearing including underwear. (Women on their menstrual cycle can wear disposable underwear) Be sure the pockets are empty; Please reverse wear the clothes with the strings fixed at the back for the operation.
- X. When informed for surgery, please empty your bladder, put on a surgical hat, and wait in the ward. Our staff will bring you to the operating room.
- XI. Please make sure the family is accompanying you during the entire surgery so surgeons may explain the surgical condition to the family.

XII.If there are valuable objects, please give it to your family or place in a safe, or you can entrust our nurse station to protect it if no family or safe is available.

If you have any question or suggestion, please contact with us. If you have any questions after discharge, you can use the Mackay Hospital health consultation hotline. Telephone number: MacKay Memorial Hospital: (02)25713760; Hsinchu MacKay Memorial Hospital: (03)5745098; Taitung MacKay Memorial Hospital: (089)310150 ext: 311. Time of consultant: 9:00 am~12:00 noon, 2:00 pm~5:00 pm Monday ~ Friday.

May God bless you