



Child Fall Prevention

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According to statistics taken from our hospital, common risk factors for fall among hospitalized children include:

- I. Child isn't in the Caregiver's line of sight while caregiver turn around and do something.
- II. Child is crying profusely without being comforted.
- III. Strength and mobility in child had been recovered.

Common kinds of injuries suffered in falls include redness, swelling, bruising, and in severe cases, it may cause intracranial hemorrhage (ICH) or fractures. Falls are relevant since hospitalized children are weakness, prevent child from falling isn't only responsibility of medical staff but also responsibility of caregiver.

i. Precautions for Hospitalized Patients:

1. Child cries easily due to lack of security, please comfort your child at the moment and keep him/her within your line of sight. For example, child can't looking for caregiver which using the restroom or at a blind spot.
2. Both sides of the bed rail should be pulled up, do not lean on or climb over the bed rail and not stacking up pillows and beddings to prevent child from climbing and falling.
3. When you are using the bed rail, please ensure that the latch is fixed to prevent loosening of bed rail. If it is broken, please contact medical staff.
4. When child's consciousness and mobility had been recovered, do not allow him/her stand on or jump on the bed.

5. Family members are required to be by your child's bedside all the time. You have to pull up the bed rail completely to ensure child's safety if you have to take a short leave like going to restroom, water-filling, etc. Do not allow him/her sitting alone on the bed.
6. Do not allow child stand on the drip stand to prevent him/her from losing balance and falling.
7. Keeping the floors dry. If floors get wet, please contact medical staff.
8. Do not allow child sit on the top of shelves in the playroom.
9. Recommend to prepare a bathtub for child under 3 years old and a non-slip bath chair for 3 to 6 years old child during bathing. If child gets restless, do not bathe him/her by yourself.
10. Pay attention on toddler walking. Please standing at his/her side and holding his/her hand when he/she is getting out of the bed and walking around. Watch out overlength of pants and overfit of shoes to prevent child from falling accidentally.
11. When using a stroller, please fasten the seatbelt.

ii. Home care:

1. Do not stacking up furniture or things by the windows or balcony railing to prevent child from climbing and falling out the window.
2. In preventing falls, please read the user manual thoroughly when child is using a baby walker and place a gate at the stairway or close the door.
3. If there are bunk beds in your home, sleeping on the top bunk are only available for children aged 6 years old and above.
4. If you have rugs or mats in your home, please ensure that it is antiskid material.

5. Recommend to pick up child's shoe with velcro straps instead of shoelaces to prevent shoelaces from loosening and tripping.
6. When child is playing in a community playroom, please ensure he/she stay in your line of sight and remind he/she do not push around.
7. When child is using a highchair or stroller, please fasten the seatbelt.

If you have any question or suggestion, please contact with us. We are happy to provide you services to you. Contact telephone number: Taipei/Danshui MacKay Memorial Hospital/Children's Hospital: (02)25713760; Hsinchu MacKay Memorial Hospital/Children's Hospital: (03)5745098; Taitung MacKay Memorial Hospital: (089)310150 ext: 311. Time of consultant: 9:00 am~12:00 noon, 2:00 pm~5:00 pm Monday ~ Friday.

May God Bless You