



## Notice for Pre-Operation

Created in 2000.06  
Revised in 2024.10

- I. Please do not go out the day before the surgery. There is a lot of preparation that needs to be done.
- II. To minimize the risk of wound infection after surgery and scratching due to unconsciousness after anesthesia, please wash your body with body wash or soap the night before surgery, including washing your hair, shaving, and cutting your nails. If you have polished fingernails (please ask a professional to remove polished fingernails first) or nail polish, please remove them to facilitate the observation of blood circulation.
- III. Before surgery, please remove all accessories and jewelry, such as eye prostheses, prosthetic limbs, contact lenses, rings, earrings, tongue rings, umbilical rings, hair ornaments, necklaces, glasses, etc., to avoid the risk of electrical conduction during surgery.
- IV. Please remove movable dentures to avoid suffocation from aspiration under anesthesia.
- V. Do not remove the operation mark made by doctors for better operation site confirmation.
- VI. Fasting before surgery according to the surgeon's instructions, usually starting at 12:00 midnight the day before surgery, no food, medicine or water can be taken by mouth to avoid aspiration pneumonia due to vomiting and inhalation of stomach contents during anesthesia.
- VII. Moderate amounts of intravenous fluid will be given depending on the clinical condition.
- VIII. On the day of surgery, please do not put on make-up and need to change into a hospital gown, and do not wear any other personal clothes. Please take off your underwear (paper pants can be worn in case of women's physiological period) and do not put anything in your pockets; please wear your blouse inside out with the belt tied at the back to facilitate the operation.
- IX. Please do deep breathing and coughing exercises taught by medical staff after surgery to prevent lung complications.
- X. You may need to use a bedpan after surgery. If necessary, you can ask your nurse for instructions on how to use it.
- XI. When you are notified to go to surgery, please urinate and put on your surgical cap and wait in the room. Will be taken to the operating room by a specialist.
- XII. The surgeon may explain the procedure to your family members, depending on the surgical situation, so be sure to ask your family members to stay with you throughout the procedure on the day of surgery.

XIII.If you have valuables, please give them to a family member for safekeeping or put them in a safe. If you do not have a safe or a family member with you, please give them to the nursing station for safekeeping.

If you have any question or suggestion, please contact with us. We are happy to provide you services to you. Contact telephone number: Taipei/Danshui MacKay Memorial Hospital/Children's Hospital: (02)25713760; Hsinchu MacKay Memorial Hospital/Children's Hospital: (03)5745098; Taitung MacKay Memorial Hospital: (089)310150 ext: 311. Time of consultant: 9:00 am~12:00 noon, 2:00 pm~5:00 pm Monday ~ Friday.

**May God bless you**